

ARTEMIS®

H O S P I T A L S

OUR SPECIALITY IS YOU



**Preventive Health Check**

International Patient

## Preventive Health Check

### Note:

1. All additional lab tests ordered on the day of the health check up shall be at 10% discount.
2. If an individual is unable to do Tread Mill Test because of knee problems like Osteoarthritis, he/she would be advised a Dobutamine Stress Echo at an additional cost of INR 2500/-
3. If the doctor recommends, the patient can get an Adenosine Myocardial Perfusion Scan at INR 7400/ Stress Thallium Stress & Rest tests at INR 6000.\*
4. Colonoscopy if added to any of the packages would be charged an additional INR 3850/- only. Prior preparation would be needed for Colonoscopy, please discuss with your doctor.
5. Post health check review scheduled more than 15 days later will invite full consultation fees extra.
6. If any component of the package is not done because of a medical reason then there shall be no refund in lieu of that particular component.

## Introducing GENOMIC MEDICINE

New add on options:

### 1) Pharmacogenomic study.

**Package Price: INR 23,345 Per Person**

- Tailoring drug therapy to your genetic make up.
- Identifying the genetic variants which might lead to decreased efficacy and / or increased toxicity of drug therapy.  
(Done for 200 drugs)

### 2) Clinical Exome Sequencing.

**Package Price: INR 30,595 Per Person**

- A comprehensive and efficient DNA test to identify genetic disorders if any; Covers 8332 genes.

### Who is it for?

- Clinical finding or family history suggestive of underlying genetic diseases.
- Screening of genetic diseases.
- Patients with undiagnosed genetic diseases.
- To confirm suspected genetic diseases.
- To guide reproductive planning and assessment of recurrence risk.
- For prognosis.
- Anybody who wants their genome analyzed.

**Pre & Post Test Genetic counseling by Medical Geneticist included.**

**For any query: +91 9716837051**

## Basic Health Check-up Package (Male)

- Physician's consultation (Pre & Post)
  - Surgeon's consultation
  - Dentist's consultation
  - Dietician's consultation
  - Blood group & Rh type
  - Complete blood count with differential
  - Blood Sugar Fasting & PP (2 hrs after fasting)
  - SGOT (Liver Blood Test)
  - SGPT (Liver Blood Test)
  - Serum TSH (Thyroid Blood Test)
  - Blood Urea
  - Serum Creatinine
  - Serum Uric Acid
- Lipid Profile
  - Stool R/E
  - Urine Routine
  - Chest X-ray-PA view
  - Tread Mill Test
  - Transthoracic Echocardiography
  - HbA1C (GlycosylatedHaemoglobin)
  - S. Vit B12 levels
  - S. Vit D 25 Hydroxy levels
- Package Price**  
**INR 10,200 Per Person**

## Silver Health Check-up Package (Male < 40 Years)

- Physician's consultation (Pre & Post)
  - Surgeon's consultation
  - Dentist's consultation
  - Dietician's consultation
  - Full Blood Count With ESR &
  - Peripheral Smear
  - Blood group & Rh
  - Blood Sugar Fasting
  - Blood Sugar PP (2 hrs after fasting)
  - SGOT & SGPT (Liver Blood Test)
  - Serum TSH (Thyroid Blood Test)
  - Blood Urea
  - Serum Creatinine
  - Serum Uric Acid
  - Lipid Profile
- Urine Routine
  - Chest X-ray- PA view
  - Ultrasound Whole abdomen
  - Tread Mill Test
  - ECG
  - Pulmonary Function Test
  - Transthoracic Echocardiography
  - HbA1C (GlycosylatedHaemoglobin)
  - S. Vit B12 levels
  - S. Vit D 25 Hydroxy levels
- Package Price**  
**INR 13,500 Per Person**

## Basic Health Check-up Package (Female)

- Physician's consultation (Pre & Post)
  - Gynae Consultation with Pap smear
  - Dentist's consultation
  - Dietician's consultation
  - Blood group & Rh type
  - Complete blood count with Differential
  - Blood Sugar Fasting & PP (2 hrs after fasting)
  - SGOT (Liver Blood Test)
  - SGPT (Liver Blood Test)
  - Serum TSH (Thyroid Blood Test)
  - Blood Urea
  - Serum Creatinine
  - Serum Uric Acid
- Lipid Profile
  - Stool R/E
  - Urine Routine
  - Chest X-ray- PA view
  - Ultrasound Whole abdomen
  - HbA1C (GlycosylatedHaemoglobin)
  - S. Vit B12 levels
  - S. Vit D 25 Hydroxy levels
- Package Price**  
**INR 8,900 Per Person**

## Silver Health Check-up Package (Female < 40 Years)

- Physician's consultation (Pre & Post)
  - Gynae Consultation with Pap smear
  - Dentist's consultation
  - Dietician's consultation
  - Full Blood Count With ESR &
  - Peripheral Smear
  - Blood group & Rh
  - Blood Sugar Fasting
  - Blood Sugar PP (2 hrs after fasting)
  - SGOT & SGPT (Liver Blood Test)
  - Serum TSH (Thyroid Blood Test)
  - Serum Sodium
  - Serum Pottasium
  - Blood Urea
  - Serum Creatinine
- Serum Uric Acid
  - Lipid Profile
  - Urine Routine
  - Chest X-ray PA view
  - USG Whole Abd. With TVS
  - ECG
  - Pulmonary Function Test
  - HbA1C (GlycosylatedHaemoglobin)
  - S. Vit B12 levels
  - S. Vit D 25 Hydroxy levels
- Package Price**  
**INR 10,800 Per Person**

## Gold Health Check-up Package (Male > 40 Years)

- Physician's consultation (Pre & Post)
- Surgeon's consultation
- Ophthalmology (Eye screening)
- Dentist's consultation
- Dietician's consultation
- Full Blood Count with ESR & Peripheral Smear
- Blood Group & Rh
- Blood Sugar F
- Blood Sugar PP (2 hrs after fasting)
- Serum TSH (Thyroid Blood Test)
- Complete Liver Function Test
- Serum Sodium
- Serum Potassium
- Serum Creatinine
- Blood Urea

- Serum Uric Acid
- Serum Calcium
- Serum Phosphorous
- Serum PSA (Screening blood test for Prostrate cancer)
- Lipid Profile
- Urine routine
- Stool For Occult Blood
- Stool Routine
- Chest X Ray- PA
- USG Whole Abdomen
- ECG
- Tread Mill Test
- Pulmonary Function Test
- Transthoracic Echocardiography
- NT pro BNP

- HbA1C (GlycosylatedHaemoglobin)
- S. Vit B12 levels
- S. Vit D 25 Hydroxy levels

**Package Price**  
**INR 17,000 Per Person**

## Gold Health Check-up Package (Female > 40 Years)

- Physician's consultation (Pre & Post)
- Gynae Consultation with Pap smear
- Dentist's consultation
- Dietician's consultation
- Ophthalmology (Eye screening)
- Full Blood Count with ESR & Peripheral Smear
- Blood Group & Rh
- Blood Sugar Fasting
- Blood Sugar - PP (2 hrs after fasting)
- Serum TSH (Thyroid Blood Test)
- Complete Liver Function Test
- Serum Sodium
- Serum Potassium
- Blood Urea
- Serum Creatinine

- Serum Uric acid
- Lipid Profile
- Serum Calcium
- Serum Phosphorous
- Urine routine
- Stool Occult Blood
- Stool Routine
- Chest X- Ray- PA view
- USG Whole abdomen with TVS
- Mammography -Both Breasts
- Bone Densitometry (dual site)
- ECG
- Tread Mill Test
- Transthoracic Echocardiography
- Pulmonary Function Test
- NT pro BNP

- HbA1C (GlycosylatedHaemoglobin)
- S. Vit B12 levels
- S. Vit D 25 Hydroxy levels

**Package Price**  
**INR 22,000 Per Person**

## Diabetic Health Check-up Package

- Consultation with Endocrinologist (Pre & Post)
  - Consultation with Ophthalmologist
  - Surgeon's consultation (Male Only)
  - Dentist's consultation
  - Dietician's consultation
  - Full Blood Count with ESR & Pheripheral Smear
  - Blood Sugar F
  - Blood Sugar PP (2 hrs after fasting)
  - Serum TSH (Thyroid Blood Test)
  - Lipid Profile
  - Serum Sodium
  - Serum Pottasium
  - Blood Urea
  - Serum Creatinine
  - Serum Uric acid
  - Urine Routine
  - Complete Liver Functioin Test
  - Urine for Microalbuminuria
  - HbA1C (GlycosylatedHaemoglobin)
  - ECG
  - Tread Mill Test
  - Transthoracic Echocardiography
  - S. Vit B12 levels
  - S. Vit D 25 Hydroxy levels
- Package Price**  
**For Male INR 12,500 Per Person**  
**For Female INR 12,000 Per Person**

## Platinum Health Check-up Package (Male)

- Physician's consultation (Pre & Post)
- Ophthalmology (Eye screening)
- Surgeon's consultation
- Dentist's consultation
- Dietician's consultation
- Full Blood Count with ESR &
- Peripheral Smear
- Blood Group & Rh
- Blood Sugar F
- Blood Sugar PP (2 hrs after fasting)
- Serum TSH (Thyroid Blood Test)
- Complete Liver Function Test
- Serum Sodium
- Serum Potassium
- Serum Creatinine
- Blood Urea
- Serum Uric Acid
- Serum Calcium
- Serum Phosphorous
- Serum PSA (Screening blood test for Prostrate cancer)
- Lipid Profile
- Urine routine
- Stool For Occult Blood
- Stool Routine
- S. Vit B12 levels
- S. Folic acid levels
- S. Vit D 25 Hydroxy levels
- S. HIV Elisa 1 and 2
- S. HBsAg
- S. Antibodies to HCV
- Chest X Ray- PA
- USG Whole Abdomen
- ECG
- Pulmonary Function Test
- Transthoracic Echocardiography
- Colonoscopy
- MRI Screening Brain with Angio
- MRI Screening Spine
- Stress Thallium - MPI
- NT pro BNP
- HbA1C (GlycosylatedHaemoglobin)
- S. Iron Studies

**Package Price**  
**INR 54,500 Per Person**

## Platinum Health Check-up Package (Female)

- Physician's consultation (Pre & Post)
- Gynae Consultation with Pap smear
- Ophthalmology (Eye consultation)
- Dentist's consultation
- Dietician's consultation
- Full Blood Count with ESR &
- Peripheral Smear
- Blood Group & Rh
- Blood Sugar F
- Blood Sugar PP (2hrs after fasting)
- Serum TSH (Thyroid Blood Test)
- Complete Liver Function Test
- Serum Sodium
- Serum Potassium
- Serum Creatinine
- Serum Urea
- Serum Uric Acid
- Serum Calcium
- Serum Phosphorous
- Lipid Profile
- Urine routine
- Stool For Occult Blood
- Stool Routine
- S. Vit B12 levels
- S. Folic acid levels
- S. Vit D 25 Hydroxy levels
- S. HIV Elisa 1 and 2
- S. HBsAg
- S. Antibodies to HCV
- Chest X- Ray- PA
- USG Whole Abdomen with TVS
- Mammography -Both Breasts
- Bone Densitometry
- ECG
- Pulmonary Function Test
- Transthoracic Echocardiography
- Colonoscopy
- MRI Screening Brain with Angio
- MRI Screening Spine
- Stress Thallium MPI
- NT pro BNP
- HbA1C (GlycosylatedHaemoglobin)
- S. Iron Studies

**Package Price**  
**INR 59,100 Per Person**

## Healthy Heart Health Check-up Package

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| <ul style="list-style-type: none"> <li>• Consultation with Cardiologist</li> <li>• Surgeon's consultation (Male Only)</li> <li>• Dentist's consultation</li> <li>• Dietician's consultation</li> <li>• Full Blood Count with Differential</li> <li>• Blood Group &amp; Rh</li> <li>• Blood Sugar Fasting</li> <li>• Blood Sugar - PP (2 hrs after fasting)</li> <li>• Complete Liver Function Test</li> <li>• Serum Sodium</li> <li>• Serum Potassium</li> <li>• Blood Urea</li> <li>• Serum Creatinine</li> <li>• Serum Uric acid</li> <li>• Lipid Profile</li> </ul> | <ul style="list-style-type: none"> <li>• C-reactive protein Hs</li> <li>• Urine routine</li> <li>• Chest X Ray- PA</li> <li>• Carotid IMT</li> <li>• ECG</li> <li>• Tread Mill Test</li> <li>• Transthoracic Echocardiography</li> <li>• NT pro BNP</li> <li>• HbA1C (Glycosylated Haemoglobin)</li> <li>• S. Vit B12 levels</li> <li>• S. Vit D 25 Hydroxy levels</li> </ul> <p><b>Package Price</b><br/> <b>For Male INR 13,500 Per Person</b><br/> <b>For Female INR 13,000 Per Person</b></p> |
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## Heart Health Check - up Package - Post CABG/PTCA/Valve

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| <ul style="list-style-type: none"> <li>• Consultation with Cardiologist</li> <li>• Surgeon's consultation (Male Only)</li> <li>• Dentist's consultation</li> <li>• Dietician's consultation</li> <li>• Full Blood Count with Differential</li> <li>• Urine Routine</li> <li>• Serum Sodium</li> <li>• Serum Potassium</li> <li>• Blood Urea</li> <li>• Serum Creatinine</li> <li>• Serum Uric acid</li> <li>• Complete Liver Function Test</li> <li>• Lipid Profile</li> <li>• PT/INR*</li> </ul> | <ul style="list-style-type: none"> <li>• CPK-MB**</li> <li>• ECG</li> <li>• Transthoracic Echocardiography</li> <li>• Tread Mill Test</li> <li>• Chest X- Ray- PA View</li> <li>• NT pro BNP</li> <li>• HbA1C (Glycosylated Haemoglobin)</li> <li>• S. Vit B12 levels</li> <li>• S. Vit D 25 Hydroxy levels</li> </ul> <p><b>Package Price</b><br/> <b>For Male INR 11,500 Per Person</b><br/> <b>For Female INR 11,000 Per Person</b></p> |
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## Optional Components

S. Folic acid levels	<b>650</b>
S. HIV Elisa 1 and 2	<b>500</b>
S. HBsAg	<b>500</b>
S. Antibodies to HCV	<b>400</b>
NT pro BNP	<b>800</b>

**50% Discount on CT Angiography during the health check only.**



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[www.artemishospitals.com](http://www.artemishospitals.com)